

# BRIDAL BEAUTY CHECKLIST

## 6 Months Before

Set a beauty budget.

Begin experimenting with hair cuts and colors, if needed.

Look for a hair stylist if you will not be using your regular one.

Start a cleansing and moisturizing program.

Make monthly appointments for facials. Make note of how your skin reacts.

Begin exercising, if you don't already. Consult your doctor about a nutrition and fitness plan if you'd like to lose weight.

## 3 Months Before

Make a consultation appointment with the stylist who will be styling your hair.

Make consultation appointments with makeup artists.

Make appointments for your bridesmaids and yourself for the wedding day with the hairdresser and make-up artist.

Experiment with self-tanners.

Begin receiving manicures and pedicures.

## 2 Months Before

Do a trial run with your hair and headpiece with your stylist

Do a trail run with your makeup artist or purchase makeup if doing your own

Consider a professional whitening by a dentist, or use an over-the-counter system.

## 2 Weeks Before

Get a haircut or trim.

Get hair color touch-up.

## 1 Week Before

Get a bikini wax and eyebrow shaping.

Get a final facial.

Relax with a massage.

Get a manicure and pedicure.

## 1 Day Before

Get plenty of rest.

Avoid any abrasive products on your skin.

Visit your manicurist if you need last minute touch-ups.

## On Your Wedding Day

Get your hair and make-up done. Wear a button down shirt to avoid smudging your makeup or messing your hair

Relax and enjoy the day.